Deregistering is a very simple process (providing it is an English mainstream school, i.e. not a special school, as the process is slightly different for children registered at those). You do need consent to deregister from a special or SEN school, you cannot just stop sending your child. But this is unnecessary if your child is in a mainstream school with an EHCP - just follow the standard deregistration process.

It's just a matter of sending a letter (or email) to the headteacher informing them that you are now home-educating; this takes your child's name off the school register. It is then the school's duty to inform the Local Authority, not yours. You can immediately begin EHE (Elective Home Education); you do not need anyone's permission or need to give any prior notice to the school or attend

any exit 'meetings' - but you must do the letter. Do remember to get a receipt from the school. Once you've deregistered, your legal duty is complete.
This link has UK deregistration info, including details for Wales, Scotland, and Special Schools (and what to do if the school is difficult): https://educationalfreedom.org.uk/deregistration/
* Here is a template letter you can edit and use – do remember to delete these notes! *
YOUR
ADDRESS
HERE
SCHOOL
ADDRESS
HERE
DATE
Dear (HEAD TEACHER'S NAME)
Re: (CHILD'S FULL NAME) - D.O.B: 0/0/0000
Please remove (CHILD'S NAME) from the school roll with immediate effect in accordance with Regulation 9 (Pupil Registration) Regulations 2024, as (he/she) is now home educated in accordance with Section 7 of the 1996 Education Act.
Please confirm receipt of this letter and that (CHILD'S NAME) has been removed from the roll.
Yours sincerely

(YOUR NAME)